



**URBAN REC**  
Urbanrec.ca

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### Coed 6's RULES AND GUIDELINES

1. Teams will only call fouls committed by their own players. Players will not call the fouls against their opponents. If there is a dispute on a call, re-serve the play. Contact an event coordinator for clarification of rules after match is completed.
2. All players will conduct themselves in a polite and sportsmanlike manner. Individuals who do not abide by these criteria will be removed from the league.
3. All balls must be hit cleanly. No scooping or carrying the ball. Only off of a driven ball may a ball may be double hit (ie. off arm and head in one continuous motion).
4. Contact with the net in any way constitutes loss of point. A player that goes under the net but does not contact the net or interfere with the play is okay.
5. A served ball may **not** be blocked or spiked directly back over the net. You may volley a ball on a serve receive.
6. A block or partial block **does not** count as one of a team's 3 hits.
7. The ball can hit any part of the body.
8. Both teams are responsible for recording matches won/lost and UR Fun points and submitting the score sheets to the on site Event Coordinator.
9. Coed 6's - There must be at least 2 females on the court at all times. A team with less than this will be penalized 4 points a game (3 points in the 3<sup>rd</sup> game of a 3 game match). If a team has no females, then they lose by default. In addition, a team must field at least 3 players, one of whom must be female in order to play. Failure to do so will result in a default. A team may not substitute a male for a missing female.

10. The first week of play will be a seeding week. Teams will play 5-20 minute games with no cap on points. Whichever team is winning when the whistle goes will win the game. Teams may be re-seeded from one pool to another based on the results of this night. Teams will again be re-seeded if necessary after the 4<sup>th</sup> week of play.
11. Regular play (weeks 2-5) will consist of 3 matches. Best 2 of 3 (21/21/15) Games are all rally point, win by 2 points, cap at 23 (Cap at 17 in the 3<sup>rd</sup> match. Matches will be over when a team wins 2 games or time expires. If time expires (signified by the whistle blowing) while teams are playing in the 3<sup>rd</sup> game, at least 1 of the teams must have at least 5 points for the game to count. If neither team has at least 5 points, then the game does not count in the match results, and the match is reported as a 1-1 draw.
12. If time expires while teams are playing the 3<sup>rd</sup> game (the tiebreaker), at least one of the teams must have reached 5 points for the 3<sup>rd</sup> game to count. Otherwise the match will be reported as a 1-game-apiece draw.
13. Week 6 is the start of playoffs. Your last match will be the beginning of playoffs. Due to the fact that 10-team divisions require 4 rounds of playoffs, and a regular night of play enables only 3 matches to be played comfortably in the available time, the first round of playoffs will be the last match of the night in week 6 of play, and the final 3 rounds will be played in week 7. Basically, in week 6, teams will play 2 regular matches (just as in other weeks), but their 3<sup>rd</sup> match of the night will be the first round of the playoffs. As the results of the first 2 matches of the night may affect the standings and subsequent seedings for the first round of the playoffs, please report your scores after each match so that we can determine the final standings and where you will play your 3<sup>rd</sup> match of the night. The top 6 teams from each division will qualify for the quarter finals. Those 6 teams will play a seeding match as their last match of week 6. The bottom 4 teams will play for the final 2 quarter final spots as their last match this evening. Whether you win or lose your final match this evening, you will have 3 full games the following week.
14. The final week will be a continuation of the playoffs that began in week 6. The format for the playoffs will be as follows:
  - each match will be a best-of-3 (21/21/15). The first 2 games will be to 21 points capped at 23, and the 3<sup>rd</sup> game will be to 15 points capped at 17. If time expires

- during the 3<sup>rd</sup> game, whichever team is winning at that point will win the match **(no 5-point minimum required)**
- if time expires during the 2<sup>nd</sup> game, then **total points scored in the 2 games to that point** will determine the winner of the match
  - teams need at least 3 players, one of whom must be female, to play without defaulting
  - if a team only has 1 female on the court, that team will start 3 points down each game
  - Once a team loses they are out of the running for the championship. Once a team loses, it goes into the consolation side, and each team

15. Enjoy yourselves!!