



URBAN REC
Urbanrec.ca

Urban Recreation
280 East 5th Ave.
Vancouver BC, V5T 1H3
Ph: 604-879-9800
Fax: 604-709-4260

Coed 6's RULES AND GUIDELINES

1. Teams will only call fouls committed by their own players. Players will not call the fouls against their opponents. If there is a dispute on a call, re-serve the play. Contact an event coordinator for clarification of rules after match is completed.
2. All players will conduct themselves in a polite and sportsmanlike manner. Individuals who do not abide by these criteria will be removed from the league.
3. All balls must be hit cleanly. No scooping or carrying the ball. Only off of a driven ball may a ball may be double hit (ie. off arm and head in one continuous motion).
4. Contact with the net in any way constitutes loss of point. A player that goes under the net but does not contact the net or interfere with the play is okay.
5. A served ball may not be blocked or played above the height of the net back over the net.
6. A served ball may be volleyed.
7. The ball can hit any part of the body.
8. Coed 6's - There must be at least 2 females on the court at all times. A team with less than this will be penalized 5 points a game (3 points in the 3rd game of a 3 game match). If a team has no females, then they lose by default.
9. In addition, a team must field at least 3 players, one of whom must be female in order to play. Failure to do so will result in a default. A team may not substitute a male for a missing female.
10. Round-robin games will consist of 3 matches. Best 2 of 3 (21/21/15) Games are all rally point, win by 2 points, cap at 23 (Cap at 17 in the 3rd match).
11. Matches will be over when a team wins 2 games or time expires (25 minutes). Urban Rec will be responsible for keeping time.

- 12.If time expires during the 3rd game, whichever team is winning at that point will win the match **(no 5-point minimum required)**.
- 13.If time expires during the 2nd game, then **total points scored in the 2 games to that point** will determine the winner of the match. If the whistle blows while play is on, please play out the point.
- 14.The format for the playoffs will be the same as for the round-robin games, with the exception that the semi-finals and finals will not be timed.
- 15.Please enjoy yourselves!!