

Coed 4's RULES AND GUIDELINES

1. Teams will only call fouls committed by their own players. Players will not call the fouls against their opponents. If there is a dispute on a call, re-serve the play. Contact an event coordinator for clarification of rules after the match is completed.
2. There are NO court position restrictions or requirements in 4's beach volleyball, but service rotation must remain the same throughout a single game. e.g.: players can stay in the same court position an entire game (at the net/back row etc.), but each player **MUST** serve in the same service rotation for the entire game.
3. All players will conduct themselves in a polite and sportsmanlike manner. Individuals who do not abide by these criteria will face disciplinary action and risk being removed from the league.
4. All balls must be hit cleanly. No scooping or carrying the ball. Only off of a driven ball may a ball be double hit (ie. off arm and head in one continuous motion).
5. Contact with the net in any way constitutes loss of point. Crossing under the net in any way also constitutes loss of the point.
6. A served ball may **not** be blocked, spiked or volleyed directly back over the net.
7. A block or partial block **does not** count as one of a team's 3 hits.

8. The ball can hit any part of the body.
9. No Open Handed Tipping: Players who contact the ball with one hand and are putting the ball over the net must cleanly hit with the heel or palm of hand (a roll shot), with straight, locked fingers and a locked wrist (a cobra), knurled fingers (a camel toe), or with the back of the hand (locked wrist and locked fingers/knuckles. One handed placement or redirection of the ball with the fingers (dink or open-handed tip) is a fault.
10. If a player is going to 'set' into the opponent's court, the player must contact the ball with 2 hands above the shoulders and it must be set directly forward or backward in relation to the player's body. NO DUMPING! **This applies even if it is the team's 3rd hit.**
11. Both teams are responsible for recording matches won/lost and UR Fun points and submitting the score sheets to the on site Event Coordinator – Failure to do so will result in an the team being assigned zero points and zero wins..
12. Coed 4's - There must be at least 2 females on the court at all times. A team with only 1 female will be penalized 4 points a game (3 points in the 3rd game of a 3 game match), and cannot substitute a male for the missing female (they must play with only 3 players). If a team has no females, they default the game. If a team has only three players, but two females, then there is no penalty other than the fact that they must play with only 3 players.
13. The first week of play will be a seeding week. Teams will play 5-20 minute games with no cap on points. Whichever team is winning when the whistle goes will win the game. Teams may be re-seeded from one pool to another based on the results of this night. Teams will again be re-seeded if necessary after the 4th week of play.
14. Regular play (weeks 2-5) will consist of 3 matches. Best 2 of 3 (21/21/15) Games are all rally point, win by 2 points, cap at 23 (cap at 17 in the 3rd match. Matches will be over when a

- team wins 2 games or time expires. If time expires (signified by the whistle blowing) while teams are playing in the 3rd game, at least 1 of the teams must have at least 5 points for the game to count. If neither team has at least 5 points, then the game does not count in the match results, and the match is reported as a 1-1 draw.
15. If time expires while teams are playing the 3rd game (the tiebreaker), at least one of the teams must have reached 5 points for the 3rd game to count. Otherwise the match will be reported as a 1-game-apiece draw.
 16. Team standings will be based on sets won/lost, **not** matches (although you will have more sets in the win column if you win more matches, obviously). Tiebreakers in the standings will be points (2 points for each set won), wins, fewer losses, UR fun points, then head-to-head record.
 17. The playoffs will occur over the last 2 weeks of the season. The 3rd match of week 6 will be the first round of the playoffs, with round 2 and round 3 of the playoffs being played on week 7:
 - i. Each match will be the same as regular season matches (21/21/15 capped at 2 points over the maximum). If time expires during the 3rd set, whichever team is winning at that point will win the match **(no 5-point minimum required)**.
 - ii. if time expires during the 2nd set, then **total points scored in the 2 sets to that point** will determine the winner of the match.
 18. Enjoy yourselves!!